**Attendance Policy**

At Peak Motion Physical Therapy, we care about you and your well-being. Our focus is to help you get better and have a great experience with our group. Your Peak Motion Physical Therapist will recommend a specific number of visits per week for your program**. A recent study has shown that patients who adhere to their physical therapy plan of care increase their likelihood of successfully reaching their stated goals by 93%.** Even one missed visit can significantly decrease your momentum, and result in a longer plan of care or more chronic problem. We strongly stress the importance of keeping all scheduled appointments to achieve your personal physical therapy goals.

We understand that your schedule may change from time to time. In this instance, please give us at least **24 hours’ notice**, so that we have enough time to reschedule you in the same week, an additional visit the following week, or added later in the plan of care. We do not want you to lose progress or regress in your condition. Missed appointments or cancellations with less than 24 hours’ notice will result in a missed appointment fee.

**Please read the following policy to better help us, help you.**

1. As experts, we know that you will not get better if you do not attend your appointment. When you call to cancel an appointment, please have other times available so we can reschedule you within the same week, an additional visit the following week, or added later in the plan of care.
2. **We ask that you cancel any appointment that you cannot make with no less than 24 hours’ notice.** We will get you rescheduled at that time. If you know you cannot make your upcoming appointment and it is after our business hours, please note that you can still call as messages are forwarded to our email.
3. While life can be unpredictable, please call us immediately if you are running late for your scheduled appointment so we can be prepared for your arrival.
4. Please also be aware that if you are late for your appointment, we cannot guarantee that we will be able to provide you with your full treatment as we have reserved the appointment time following yours for someone else.
5. Please note, **we charge a $40 missed visit fee for no-shows and cancellations with less than 24 hours’ notice.** This amount is your responsibility as insurance will not cover a missed visit fee.
6. In the event of an extenuating circumstance and needing to cancel an appointment in less than 24 hours’ notice, we provide a one-time waiver from the missed appointment fee.

We look forward to working with you to meet your physical therapy goals!

I have read this policy and by signing below I am indicating that I understand and will adhere to this policy.

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Patient Signature Patient Name Date